



Valley Of Flowers



VALLEY OF FLOWERS

Valley of Flowers in Uttarakhand is a paradise for nature lovers, nestled in the Himalayas. Known for its vibrant meadows of alpine flowers and rare flora and fauna, it attracts tourists from all over the world. Declared a UNESCO World Heritage Site in 2005, it offers a moderate trek with breathtaking views.

The climb to Hemkund Sahib is challenging but rewarding, offering stunning lakes and mountain views. The best time to visit is during the monsoon when rare flowers like Brahma Kamal bloom, making the place feel like heaven on earth.

Highlights



14,107 FT



MEETING POINT: DEHRADUN

DESTINATION: VALLEY OF FLOWERS



DURATION : 6 Days ./ 5 Nights



HOME STAY



DIFFICULTY LEVEL: MODERATE



MINIMUM AGE: 10 YEARS

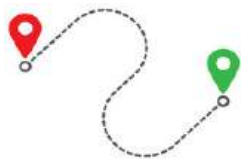
PLAN IN A NUTSHELL

Day 1: Rishikesh to Joshimath/Govindghat

Drive Distance: 280 Km

Duration: 8-9 Hours

Altitude: 6,300 ft



Private Vehicle
Traveller / Ertiga / Dzire



Homestay
Triple / Quad Sharing
Basis



Dinner

Day 2: Joshimath/Govindghat to Ghangaria

Drive Distance: 4 Km

Drive Time: 25 Km

Trek Distance: 10 Km

Duration: 6 hours

Altitude: 9,600 ft



Trekking



Homestay
Triple / Quad Sharing
Basis



**(Breakfast ,
Packed Lunch
and Dinner)**

Day 3: Ghangaria to Valley Of Flowers and Back to Hotel

Trek Distance: 8 Km

Duration: 6 hours

Altitude: 9,600 ft to 11,500 ft



Trekking



Homestay
Triple / Quad Sharing
Basis



**(Breakfast ,
Packed Lunch
and Dinner)**

Day 4: Ghangaria to Hemkund Sahib and Back to Hotel

Trek Distance: 12 Km

Duration: 7 hours

Altitude: 9,600 ft to 14,107 ft



Trekking



Homestay
Triple / Quad Sharing
Basis



(Breakfast,
Packed Lunch
and Dinner)

Day 5: Ghangaria to Joshimath/Govindghat

Trek Distance: 10 Km

Trek Duration: 4 hours

Drive Distance: 4 Km

Duration: 25 hours

Altitude: 6,300 ft



Trekking



Private Vehicle
Traveller / Ertiga
/ Dzure



Homestay
Triple / Quad Sharing
Basis



(Breakfast,
Packed Lunch
and Dinner)

Day 6: Joshimath/Govindghat to Rishikesh

Drive Distance: 280 Km

Duration: 8-9 hours

Altitude: 2,099 ft



Private Vehicle
Traveller / Ertiga / Dzure



Breakfast



Best Price

5 Nights / 6 Days

9,500/- PP

Rishikesh to Rishikesh



8859760929

SERVICES

We are focused on customer service and satisfaction. Our motive is to provide the best services to our clients with keeping them under the safe environment, as well as we are working towards sustainable trekking

Let's Trek Together!



STAY



FOOD



EQUIPMENTS



TRAVEL



CERTIFIED GUIDE



MEDICAL



PICK UP POINTS

Dehradun Railway Station

[Location](#)



Things To Carry On Trekking

- Instant food like cookies and cakes
- Necessary toiletries like hand sanitizers, towels, napkins, etc
- Extra plastic bags
- Sunscreen and lip balms
- Medical kit, including any prescribed medicines
- Power Bank

Things To Carry On Trekking



Waterproof Hat



Cat 3 Sunglasses



Fleece Glove



Bandana



Beanie Cap



Waterproof Glove

Things To Carry On Trekking

Layer 1



Fleece Inner
Upper

Layer 2



Fleece Upper

Layer 3



-5 °
Down Jacket



Fleece Inr
Lower



Anti-UV Long-sleeve



waterproof Poncho



Warm Water
Repellent Pants

Things To Carry On Trekking



Warm Socks



Waterproof Shoes



Trekking Pole



50+10 Liters Backpack
With Waterproof cover



Head Lamp



Thermal Water Bottle



Waterproof Jacket
Rs. 500 (5D/4N)



Head Lamp
Rs. 200 (5D/4N)



Trekking Pole
Rs. 400 (5D/4N)



**Water
Repellent Pants**
Rs. 300 to 500 (5D/4N)
According To Quality



Waterproof Glove
Rs. 200 (5D/4N)



Waterproof Shoes
Rs. 300 to 500 (5D/4N)
According To Quality

INCLUSIONS AND EXCLUSIONS

Inclusions:

1. Accommodation – On the trek, you will live in tents/guesthouses on a sharing basis.
2. Meals – Breakfast, lunch, snack, and dinner. We provide simple, nutritious vegetarian food for all days of the trek
3. Camping Fees – All trekking permits and forest camping fees are included in the price.
4. Trekking equipment – Quality tents and sleeping bags in all camps. Sleeping bags withstand temperatures down to -10 °C.
5. Safety equipment – First aid kit, Oximeter, Crampons, Gaiters and Evacuation teams
6. Expert Trek Leaders – All our trek leaders have at least basic/advanced mountaineering qualifications and first aid courses.
7. Expert Trek Support Team – The mountain staff on this trek consists of certified guides, cooks, helpers, and porters.
8. Transfers - Transport from Dehradun to Dehradun according to package.

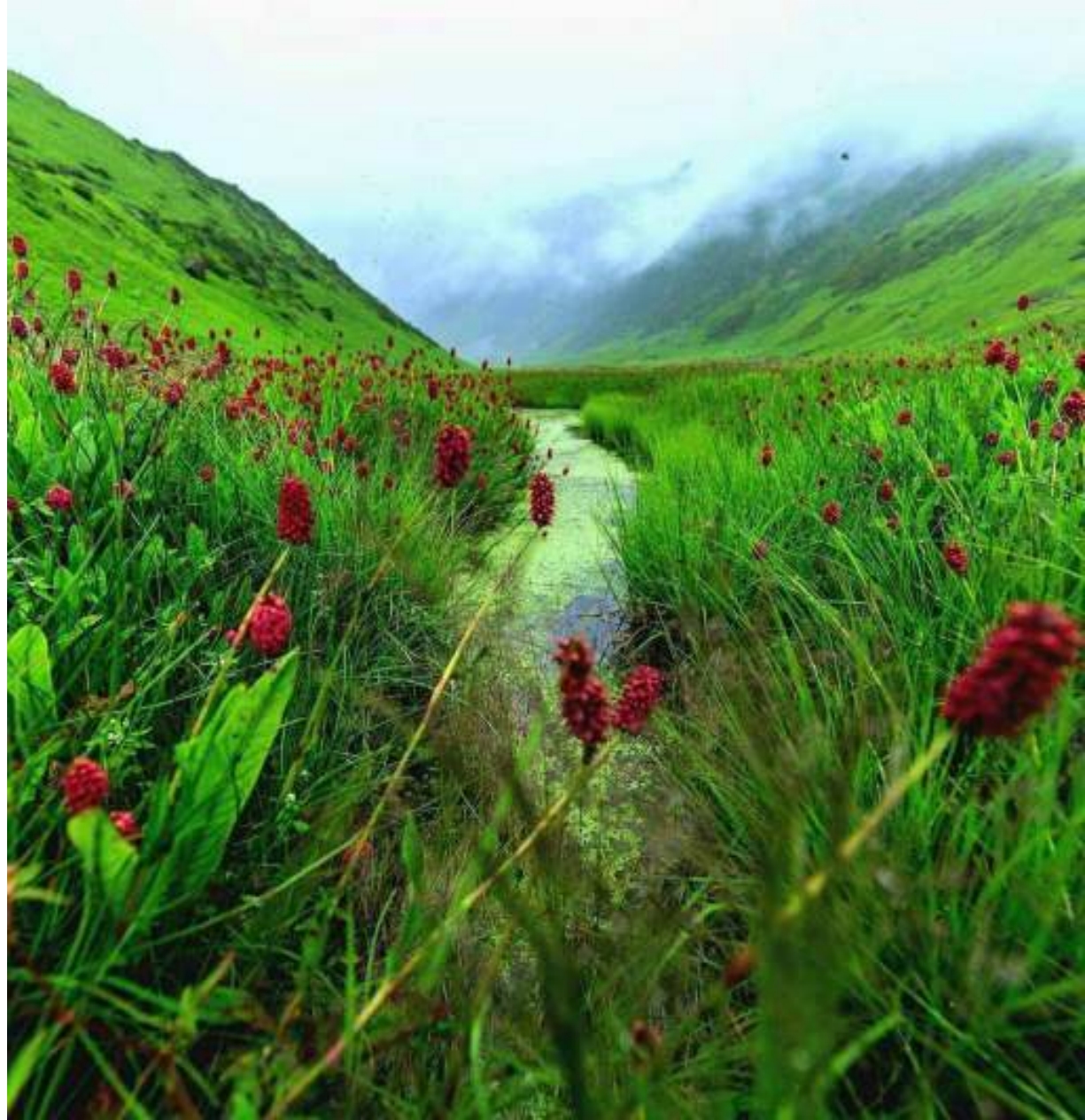
Exclusion:

1. Any additional expenses such as personal nature/Medical Exigency.
2. Additional accommodation/food costs incurred due to any delayed travel.
3. Any lunch and other meals not mentioned in Package Inclusions.
4. Any Airfare/Rail fare other than what is mentioned in “Inclusions” or any type of transportation from which is outside the itinerary.
5. Parking and monument entry fees during sightseeing.
6. Additional Costs due to Flight Cancellations, Landslides, Roadblocks, and other natural calamities or Delays.
7. There are possibilities of roadblocks due to landslides. Account for this by adding a buffer day in your travel plan.
8. Any other services not specified above in inclusions.

ADDITIONAL INFORMATION

- In case you take a detour or halt en route for a night due to a landslide, the additional travel, food and stay cost will have to be borne by the guests.
- The stay in lodges/Hotel camping in tents.
- Porter/Mule charges (Baggage shouldn't exceed 15 kgs)
- Climatic conditions in the high altitudes vary from the plains; take adequate time to get acclimatized to high altitudes.
- The management reserves all the right to modify the trek during any emergencies or natural calamities.
- Consult a physician before undertaking the trek.
- Carry basic medications and a first-aid kit during the trek.
- It is recommended to carry enough warm clothes and the right kind of gears for the trek.
- Pay heed to the trek guides and instructors in order to enjoy a safe and sound trek.
- Water is very precious, so conservation is appreciated.
- Avoid using earphones during the trek; this might hinder your audibility.
- Once trek tour will start with us and if anyone don't do trek further then money will not be refunded.
- If anyone will lose their belongings then that will no be our responsibility, we'll be providing lockroom for the extra luggage.

- Guidelines issued by the State-Government are to be followed.
- Social distancing to be maintained.
- Frequent hand sanitization and use of mask is recommended.
- The Stay is very basic in nature. One must not expect luxuries.
- Electricity may be available only at a few locations.
- Mobile & laptop charging points may/may not be available onsite at a common point.
- Carry dry snacks/food from home (you will save a lot of money).
- Carry water bottles with you, so that you can refill.
- If you opt for porter/mules service, they allow baggage not more than 15kgs and no trolley bags.



Booking / Cancellation / Refund Policy

Booking Policy:

- 30% at the time of Booking.
- 70% 7 days prior to yatra start or on arrival before yatra start at haridwar.

Cancellation and Refund Policy:

In the event of cancellation of tour/travel services due to any avoidable/ unavoidable reason/s we must be notified of the same in writing. Cancellation charges will be effective from the date we receive advice in writing, and cancellation charges would be as follows:

- 30 days prior to arrival: 100% of the Tour cost.
- 20 days prior to arrival: 75% of the Tour cost.
- 15 days prior to arrival: 50% of the Tour cost.
- 05 days prior to arrival OR No Show: No Refund.



About Us

We are excited to introduce you to our company Travelling Mantra which specializes in organizing adventure activities with full safety of clients in northern India. We started in the industry as freelancers and in 2022 we incorporated our company Travelling Mantra. We are focused on the parameters of sustainability with customer safety and satisfaction, so you can be sure that we are committed to maintaining the highest standards of the services. We provide multiple opportunities to our clients to add value in their life. Our dedication to creating outstanding adventure and travel experiences has allowed us to build quite a fan base. The organization and team truly believe in providing individuals with an unforgettable adventure

Travel on EMI Option

- ✓ Book Now, Pay Later with easy EMI options: make your pilgrimage stress-free and pocket-friendly.
- ✓ Best-in-Class Services: Comfortable stays, seamless transfers, guided darshans & personalized attention.
- ✓ Atithi Devo Bhava: We welcome each Yatri with warmth, respect & devotion — ensuring you feel at home in the lap of the Himalayas.

As a proud travel company rooted in the heart of the Uttarakhand Himalayas, we understand these sacred lands like no one else — and we know how to host pilgrims with true Himalayan hospitality.

🌻 Whether you're fulfilling a life-long dream or seeking spiritual solace — let Travelling Mantra be your trusted companion on this sacred journey.

Thank You from Team Travelling Mantra

Address: Mokhampur Jogiwala, Dehradun, Uttarakhand 248005

Website: <https://travellingmantra.in/>

Contact no: 8859760929, 9760923032

Gmail: info.travellingmantra@gmail.com